## WAG 2023/2024 Calendar of Events

| Training Break            |  |  |  |  |  |  |  |  |
|---------------------------|--|--|--|--|--|--|--|--|
| Holiday No Training       |  |  |  |  |  |  |  |  |
| Regular Training Schedule |  |  |  |  |  |  |  |  |
| Competition               |  |  |  |  |  |  |  |  |
| Testing                   |  |  |  |  |  |  |  |  |
| Special Event             |  |  |  |  |  |  |  |  |
| Mock Meet                 |  |  |  |  |  |  |  |  |

| Jul-23   |               |               |          |          |          | Aug-23   |          |          |    |          |          |          | Sep-23 |          |         |          |          |          |          |          |          |
|----------|---------------|---------------|----------|----------|----------|----------|----------|----------|----|----------|----------|----------|--------|----------|---------|----------|----------|----------|----------|----------|----------|
| S        | М             | Т             | W        | Т        | F        | S        | S        | М        | Т  | W        | Т        | F        | S      |          | S       | М        | Т        | W        | Т        | F        | S        |
|          |               |               |          |          |          | 1        |          |          | 1  | 2        | 3        | 4        | 5      |          |         |          |          |          |          | 1        | 2        |
| 2        | 3             | 4             | 5        | 6        | 7        | 8        | 6        | 7        | 8  | 9        | 10       | 11       | 12     |          | 3       | 4        | 5        | 6        | 7        | 8        | 9        |
| 9        | 10            | 11            | 12       | 13       | 14       | 15       | 13       | 14       | 15 | 16       | 17       | 18       | 19     |          | 10      | 11       | 12       | 13       | 14       | 15       | 16       |
| 16       | 17            | 18            | 19       | 20       | 21       | 22       | 20       | 21       | 22 | 23       | 24       | 25       | 26     |          | 17      | 18       | 19       | 20       | 21       | 22       | 23       |
| 23       | 24            | 25            | 26       | 27       | 28       | 29       | 27       | 28       | 29 | 30       | 31       |          |        |          | 24      | 25       | 26       | 27       | 28       | 29       | 30       |
| 30       | 31            |               |          |          |          |          |          |          |    |          |          |          |        |          |         |          |          |          |          |          |          |
|          |               |               | ct-2     | 3        |          |          |          |          | N  | ov-2     | 3        |          |        |          |         |          | D        | ec-2     | 3        |          |          |
| S        | М             | Т             | W        | Т        | F        | S        | S        | М        | Т  | W        | Т        | F        | S      |          | S       | М        | Т        | W        | Т        | F        | S        |
| 1        | 2             | 3             | 4        | 5        | 6        | 7        |          |          |    | 1        | 2        | 3        | 4      |          |         |          |          |          |          | 1        | 2        |
| 8        | 9             | 10            | 11       | 12       | 13       | 14       | 5        | 6        | 7  | 8        | 9        | 10       | 11     |          | 3       | 4        | 5        | 6        | 7        | 8        | 9        |
| 15       | 16            | 17            | 18       | 19       | 20       | 21       | 12       | 13       | 14 | 15       | 16       | 17       | 18     |          | 10      | 11       | 12       | 13       | 14       | 15       | 16       |
| 22       | 23            | 24            | 25       | 26       | 27       | 28       | 19       | 20       | 21 | 22       | 23       | 24       | 25     |          | 17      | 18       | 19       | 20       | 21       | 22       | 23       |
| 29       | 30            | 31            |          |          |          |          | 26       | 27       | 28 | 29       | 30       |          |        |          | 24      | 25       | 26       | 27       | 28       | 29       | 30       |
|          |               |               |          |          |          |          |          |          |    |          |          |          |        |          | 31      |          |          |          |          |          |          |
|          |               | J             | an-2     | 4        |          |          | Feb-24   |          |    |          |          |          |        |          | Mar-24  |          |          |          |          |          |          |
| S        | М             | Т             | W        | Т        | F        | S        | S        | М        | Т  | W        | Т        | F        | S      |          | S       | М        | Т        | W        | Т        | F        | S        |
|          | 1             | 2             | 3        | 4        | 5        | 6        |          |          |    |          | 1        | 2        | 3      |          |         |          |          |          |          | 1        | 2        |
| 7        | 8             | 9             | 10       | 11       | 12       | 13       | 4        | 5        | 6  | 7        | 8        | 9        | 10     |          | 3       | 4        | 5        | 6        | 7        | 8        | 9        |
| 14       | 15            | 16            | 17       | 18       | 19       | 20       | 11       | 12       | 13 | 14       | 15       | 16       | 17     |          | 10      | 11       | 12       | 13       | 14       | 15       | 16       |
| 21       | 22            | 23            | 24       | 25       | 26       | 27       | 18       | 19       | 20 | 21       | 22       | 23       | 24     |          | 17      | 18       | 19       | 20       | 21       | 22       | 23       |
| 28       | 29            | 30            | 31       |          |          |          | 25       | 26       | 27 | 28       | 29       |          |        |          | 24      | 25       | 26       | 27       | 28       | 29       | 30       |
|          |               |               |          |          |          |          |          |          |    |          |          |          |        |          | 31      |          |          |          |          |          |          |
| Apr-24   |               |               |          |          |          | May-24   |          |          |    |          |          |          |        | Jun-24   |         |          |          |          |          |          |          |
| S        | М             | Т             | w        | Т        | F        | S        | S        | М        | Т  | w        | Т        | F        | S      |          | S       | М        | Т        | W        | Т        | F        | S        |
|          |               | _             |          | 4        | 5        | 6        |          |          |    | 1        | 2        | 3        | 4      |          |         |          |          |          |          |          | 1        |
| 1        | 1             | 2             | 3        | 4        |          |          |          |          |    |          |          |          |        | <b> </b> |         |          |          |          |          |          |          |
| 7        | 8             | 9             | 10       | 11       | 12       | 13       | 5        | 6        | 7  | 8        | 9        | 10       | 11     |          | 2       | 3        | 4        | 5        | 6        | 7        | 8        |
|          | 8             | 9             | 10       | 11       |          | 13       | 5<br>12  |          | -  |          | _        |          |        |          | 9       |          |          | _        |          | -        |          |
| 14       | 8<br>15       | 9<br>16       | 10<br>17 | 11<br>18 | 12<br>19 | 13<br>20 | 12       | 13       | 14 | 15       | 16       | 17       | 18     |          | 9       | 10       | 11       | 12       | 13       | 14       | 15       |
| 14<br>21 | 8<br>15<br>22 | 9<br>16<br>23 | 10       | 11       | 12       | 13       | 12<br>19 | 13<br>20 | 14 | 15<br>22 | 16<br>23 | 17<br>24 |        |          | 9<br>16 | 10<br>17 | 11<br>18 | 12<br>19 | 13<br>20 | 14<br>21 | 15<br>22 |
| 14       | 8<br>15       | 9<br>16       | 10<br>17 | 11<br>18 | 12<br>19 | 13<br>20 | 12       | 13       | 14 | 15       | 16       | 17       | 18     |          | 9       | 10       | 11       | 12       | 13       | 14       | 15       |

|  | Events and Facility Schedule |  |  |  |  |  |  |
|--|------------------------------|--|--|--|--|--|--|
| Start of the 2023/2024 Season                | July 10th 2023               | Select Groups/Athletes (as communicated to families via coordinator or personal coach)   |  |  |  |  |  |
| Start of the 2023/2024 Season                | July 17th 2023               | All MAG/TG/WAG   |  |  |  |  |  |
| Fall Schedule Begins                         | September 5th 2023           | All Groups   |  |  |  |  |  |
| Physical testing #1                          | Sunday, September 10th 2023  | All groups   |  |  |  |  |  |
| Welcome back bbq                             | September 2023               | All Groups   |  |  |  |  |  |
| Skills testing                               | October 10-13, 2023          | All Groups - TBC   |  |  |  |  |  |
| Mock meet                                    | Sunday, November 26th        | all groups   |  |  |  |  |  |
| Burlington Qualifier                         | December 8-10, 2023          | level 10 athletes  |  |  |  |  |  |
| OGC WAG Qualifier                            | December 14-17, 2023         | All groups   |  |  |  |  |  |
| Competitive Athlete Holiday Party            | December 22nd 2023           | All Groups -Time TBC   |  |  |  |  |  |
| Holiday Training Schedule                    | December 27th-31st 2023      | All Groups - TBC   |  |  |  |  |  |
| Resumption of Regular training Schedule      | January 8th 2024             | All Groups   |  |  |  |  |  |
| Corona Qualifier                             | February 9-11, 2024          | All Groups   |  |  |  |  |  |
| Quinte Bay Belleville Qualifier              | February 15-18, 2024         | All Groups   |  |  |  |  |  |
| Gymnix International                         | March 6-10, 2024 Montreal    | Select optional Athletes (as communicated to families via coordinator or personal coach) |  |  |  |  |  |
| Optional WAG L6+ provincial Championships    | April 11-14, 2024 Ottawa     | Qualified Athletes   |  |  |  |  |  |
| Compulsory WAG L3-5 provincial Championships | May 2-5, 2024 Muskoka        | Qualified Athletes   |  |  |  |  |  |
| Eastern Canadian Championships               | May 9-12, 2024 New Foundland | Qualified Athletes level 7+  |  |  |  |  |  |
| Canadian Championships                       | June 2-9,2024 Quebec         | Qualified Athletes level 9+  |  |  |  |  |  |
| Physical testing #2                          | Sunday, June 23rd tbc        | All groups   |  |  |  |  |  |